City of Barrie

70 Collier Street
P.O. Box 400
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Final

Seniors Advisory Committee

Monday, April 25, 2022 | **10:00 AM** | **Virtual Meeting**

For consideration by the Finance and Corporate Services Committee on May 31, 2022.

The meeting was called to order by the Chair, D. Dellio at 10:03 a.m. The following were in attendance for the meeting:

Present: 8 - Chairman D. Dellio
Councillor A. Kungl
G. Kavanagh
L. Ricardo
M. Malcolm
P. Sasco
P. Thiffault
E. McCraney

Absent: 2 - H. Stone
S. Turcott

STAFF:
Committee Support Clerk, B. Thompson
Recreation Programmer, H. Kenehan
Senior Communications Advisor, S. Lamantia

ALSO PRESENT:
Director of North Simcoe Muskoka Geriatric Services Program, S. Easson-Bruno.

The Seniors Advisory Committee met and reports as follows:

NORTH SIMCOE MUSKOKA SPECIALIZED GERIATRIC SERVICES PROGRAM

Sandra Easson-Bruno, Director of the North Simcoe Muskoka Specialized Geriatric Services Program provided a presentation on Older Adults and Health Care Services in the Barrie Area.

Ms. Easson-Bruno provided a background and discussed slides concerning the following topics:

- Seniors health by numbers in terms of older adults across the North Simcoe Muskoka Region;
- Understanding frailty with the Dalhousie University's Clinical Frailty Scale;
- The projected increase in frailty in Ontario between 2016-2040;
- A chart showing an estimated service demand for the Central Ontario Health Region;
- A graph showing the levels of frailty, which increases health care needs, housing needs, and social support; and
- The Barrie and area services and resources, such as support service agencies and programs.

Members of the Committee asked questions of Ms. Easson-Bruno and received responses.

TOWN HALL

A) GENERAL DISCUSSION
B) SUB-COMMITTEE
C) COMMUNICATIONS
D) QUESTIONNAIRE

The Committee discussed possible venues, a virtual, hybrid, or in-person event that is accessible by City transit, seating capabilities for seniors, and event promotion. The Committee further discussed having tables at three upcoming events in June around the City instead of hosting a separate event, as well as the Committee's questionnaire and rack cards that contain both meeting and contact information.

Chair, D. Dellio suggested that a sub-committee be formed to coordinate the Committee attending the events.

SENIORS INFORMATION/EVENTS/UPDATES

Heather Kenehan provided that both of the 55 Plus Centres in the City are open and offering programming for older adults. Ms. Kenehan suggested

keeping an eye on the website for newsletters and the calendars that will have new classes and added programming. She described two events happening in June that the centres are holding.

Evan McCraney indicated that the Gilbert Centre is looking at getting back to in-person indoor programming. Mr. McCraney provided that there has been outdoor programming being offered. He further mentioned that the Gilbert Centre will have a table set up at the Active Seniors Expo June 22, from 10 a.m. to 2 p.m., in Wasaga Beach to make community connections.

Councillor, A. Kungl discussed the senior's category for the Order of the Spirit Catcher Award, as well as having a member of the Committee sit on the Barrie Ontario Health Team Seniors Sub-Committee or have a member of that Committee sit on the Seniors Advisory Committee.

ADJOURNMENT

The meeting adjourned at 11:35 a.m.

CHAIRMAN